



## 5km Route | Wellington

- 1** The start and finish is in Frank Kitts Park. Follow the walking path along the waterfront, over the walking bridge, and past Te Papa.
- 2** Turn left to cross the footbridge, then turn right to cut through Waitangi Park.
- 3** Exit the park and veer right to join Oriental Parade, and head along the waterfront.
- 4** Follow the footpath to the turnaround point at Carlton Gore Road. Return via the same route to the finish line in Frank Kitts Park.

Note: Stay on the same side of the road in both directions (don't cross Oriental Parade).

